



2023-24 FULL WINTER Ice SCHEDULE (FINAL)

	Ilderton Arena	Medway Arena	Komoka Arena
Monday	4:00 – 5:20 pm > STARSkate #1 5:20 pm > FLOOD 5:30 – 6:50 pm > STAR 6 (JUVENILE) Synchro		6:30 – 7:50 AM > COMPSkate #1
Tuesday	7:00 – 8:00 AM> STAR 4 (PreJuvenile) Synchro *** starting in November	5:00 – 5:40 CanSKATE A/B (Stage 2 – 5) 5:40 – 6:10 PreCanSKATE / PreHockey CanSKATE 6:10 pm > FLOOD 6:20 – 7:20 pm IntroSTARSkate #1 6:20 – 7:10 pm Special Olympics 7:20 pm > FLOOD 7:30 – 9:20 pm ADULT Synchro	6:30 – 7:50 AM > COMPSkate #2 3:00 – 4:50 pm > JUNIOR Synchro
Wednesday	3:30 - 4:50 pm > COMPSkate #3 4:50 pm > FLOOD 5:00 - 6:20 pm > STARSkate #2 6:20 pm > FLOOD 6:30 – 7:50 pm > STARSkate #3		6:30– 7:20 AM > NOVICE Synchro
Thursday			6:30 – 7:20 AM > STAR 6 (JUVENILE) Synchro 3:30 – 4:50 pm > COMPSkate #4 / STARSkate #4 4:50 pm> FLOOD 5:00 – 6:50 pm > NOVICE Synchro 6:50 pm > FLOOD 7:00 – 9:50 pm > JUNIOR SYNCHRO
Friday		8:00 – 9:00 AM > Ticket Ice (*starting January 2024) 5 – 6:20 pm STAR 4 (Pre-JUVENILE) Synchro 6:20 – 6:50 pm Pre-JUV / ELEMENTARY Stoking 6:50 pm > FLOOD 7:00 – 7:50 pm STAR 4 (ELEMENTARY) Synchro 8:00 – 8:50 pm ADULT STARSkate (FALL Oct-Dec)	6:30 – 7:50 am > COMPSkate #5
Saturday	1:00 – 2:00 pm > IntroSTARSkate #2 2:00 – 2:50 pm > STAR 3 (Beginner) Synchro 2:50 pm > FLOOD 3:00 – 3:40 pm > CanSKATE 'B' (Stage 3 -5) 3:40 – 4:20 pm > CanSKATE 'A' (Stage 1-2) 4:20 – 4:50 pm > PreCanSKATE/ Pre-Hockey CanSKATE		8:00 – 9:20 AM > STARSkate #5 9:20 AM > FLOOD 9:30 – 10:40 AM > STARSkate #6 10:40 – 11:50 AM > STARSkate #7
Sunday			7:30 – 9:20 AM > NOVICE Synchro 9:20 AM > FLOOD 9:30 – 1:20 pm > JUNIOR Synchro 1:20 pm > FLOOD 1:30 – 2:10 pm> CanSKATE 'B' (Stage 3- 5) 2:10 – 2:50 pm> CanSKATE 'A' (Stage 1- 2) 2:50 – 3:20 pm> PreCanSKATE/ PreHockey CanSKATE 3:20 – 3:50 pm> Parent & Tot CanSKATE